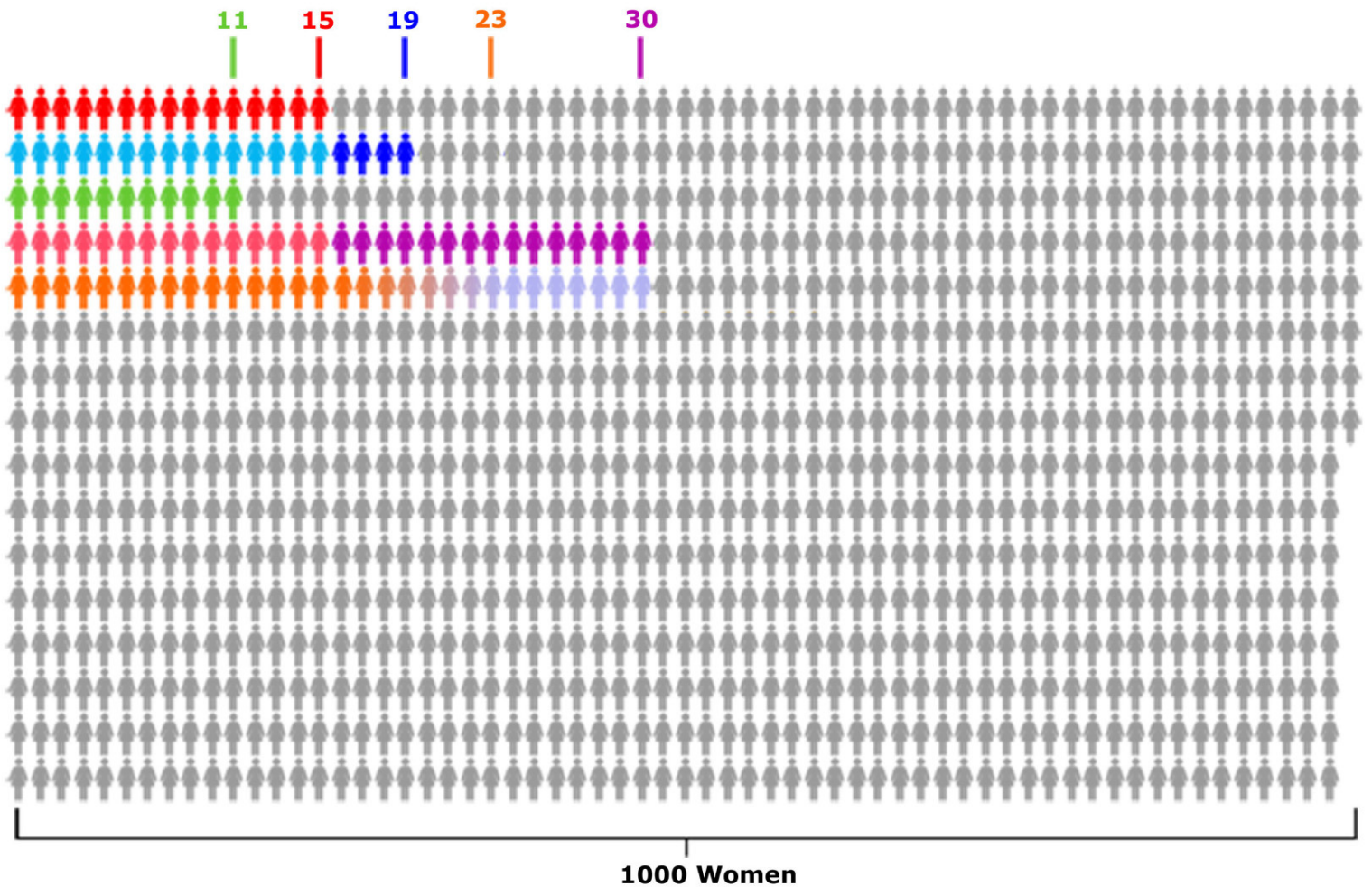


Breast cancer risk

KEY	Relative risk of breast cancer	Number of women developing breast cancer over the next 5 years, per 1,000 women	Number of extra (<i>*or less</i>) cases of breast cancer over the next 5 years, per 1,000 women
No HRT	1	15	0
Combined HRT (estrogen plus progestogen)	1.26	19	4
Estrogen only HRT	0.73	11	- 4 *
Obese, older than 50 years (BMI greater than 35)	2	30	15
Alcohol - 2 or more units/day	1.5 - 2	23 - 30	8 - 15



Figures from Women's Health Initiative trial for women aged 50-79 years